

The Brazelton Touchpoints Center has certified the IMPACT WV program at the WVU Center for Excellence in Disabilities (CED) as an official Brazelton Touchpoints Training Site. Training opportunities are now available for West Virginia's family-facing providers and the families they serve. These new trainings will help West Virginia families in recovery and their children who have experienced prenatal exposure.

IMPACT WV is excited to offer virtual Touchpoints trainings for professionals and virtual Touchpoints parenting groups for parents. To register, scan the QR code or visit cedwvu.org/education/brazelton.



If you have any questions, contact Sue Workman, IMPACT WV program manager, at charlotte.workman@hsc.wvu.edu or 304-293-4692.

Touchpoints: The How of Child and Family Engagement in the Context of Substance Use Disorder

What is it?

“It has been an incredible learning experience to participate in the Brazelton Touchpoints training. Because the training modules are set up to include both lecture and hands-on time, I am able to practice consistently implementing the Touchpoints Tools.” – training participant



Brazelton Touchpoints is an evidence-based method to build strong partnerships between families and providers, helping create healthy family-child relationships from before birth throughout early childhood. The Brazelton Touchpoints Center has worked with IMPACT WV to bring these training opportunities to providers in our state. The training offers a strength-based approach to support parents of infants and young children. It focuses on building relationships and offering compassionate support.

The Touchpoints approach understands the process of disorganization and regression that children go through as they develop called “touchpoints.” These times can cause stress and have the potential to derail family relationships. However, the Touchpoints approach sees these times as key opportunities to connect with families and support them. It helps the family to stay emotionally available responsive to their child. The training helps reframe these times as they are important to healthy development and relationships as children grow.

What do providers learn?

- How parent-child-provider relationships impact a child’s development in their early years
- How to understand child development and look at what causes changes in behavior
- Ways to create a strength-based relationship with parents
- A common language to help create a supportive community for to reach their fullest potential

The Brazelton Touchpoints Center focuses on three main goals:

1. Professional and organizational development
2. Knowledge development
3. Advocacy and awareness

Who should attend?

The Touchpoints training is for professionals who work with young children and their families: early care educators, family child care providers, home visitors, pediatric primary care providers, early intervention educators, family support providers, child welfare workers, and more.

Location:

Virtually via Zoom platform.

Schedule:

Session 1: 4 hours.

Sessions 2-10: weekly for 2 hours each.

Monthly one-hour Reflection Practice calls for six sessions.

Registration:

Registration is **free** (normally \$600) but required in advance.

Groups are limited to 18 professionals on a first come, first serve basis.



Continuing Medical Education and Competencies:

“And the fact that the training series is taught by Brazelton-trained West Virginia presenters Amanda Newhouse and Tina Antill-Keener makes it a truly engaging professional development experience!”

– training participant

This training has been approved for 20.25 contact hours. Social work, STARS, OT, PT and Nursing credits approved.

- Requirements to obtain credit: Complete pre-test and post-test; attend and participate in Sessions 1-10 and at least 4 of 6 reflective sessions.
- Training hours can be counted toward application for the WV Infant/Toddler Mental Health Endorsement.

For more information about the Brazelton Touchpoints Training, visit www.brazeltontouchpoints.org.



Touchpoints Parenting Group

What is it?

The Touchpoints Parenting Group is a FREE program designed to support positive parent-child relationships. It focuses on a strengths-based, culturally-conscious, developmentally-responsive, relationship-focused and reflective approach to parenting. Parents will learn about their children and how to address issues they may face as a family.

What do families learn?

- ***Session 1: Parenting Our Unique Child: Joys and Challenges***
Share the joys and challenges of parenting. Learn what a Touchpoint” is and how it impacts your child’s development. Develop strategies to navigate developmental and relational touchpoints times.
- ***Session 2: Understanding Your Child’s Development***
Improve your observational skills by identifying your child’s temperament and your own parenting style. Reflect on how personality, temperament and development are connected.
- ***Session 3: Exploring Our Family’s Culture and Language***
Furthering our conversations on the uniqueness of our families, this session’s focus is on culture. Discuss what is culture is and explore the connection between language, communication and your child’s developing social skills.
- ***Session 4: Nurturing and Caring for Our Children: Keeping Our Children Safe and Healthy***
Using your personal experiences and what you’ve learned in sessions 1-3, this session focuses on how to keep your child safe and healthy, considering their current touchpoints and behavior.
- ***Session 5: Discipline: Our Role as Parents over Time-Teachers and Guides***
This session combines everything from earlier sessions to explore discipline, self-regulation and setting limits.



Who Should Attend?

The Touchpoints Parenting group is for families with children prenatally through age five.

Location:

Virtually via Zoom platform.

Schedule:

Sessions 1-5: weekly for 1.5 hours each.

Registration:

Registration is **free** but required in advance.

Groups are limited to 15 participants on a first come, first served basis.

Participants will receive a \$25 Gift Card if they attend all 5 sessions.

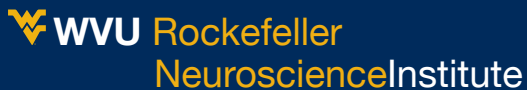
Facilitators:



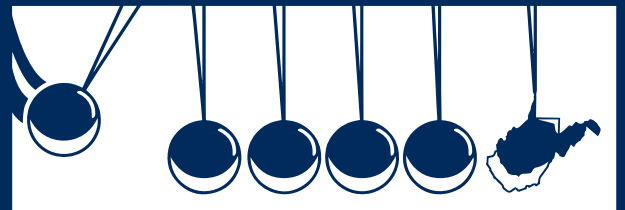
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IMPACT WV



This two-generational research project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,500,000 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov). All printed materials are available in braille, electronic format and large print. 3/25