



# Neonatal Abstinence Syndrome (NAS) Follow-Up Clinic

Clinics will be offered to children 3-5 years old who live in Harrison, Monongalia, Marion, Marshall, Ohio, Preston, Taylor, or Wetzel County that have been exposed to substances in utero.

Comprehensive, multidisciplinary care for children with substance exposure

Location:

West Virginia University Center for Excellence in Disabilities  
(WVU CED)  
959 Hartman Run Road  
Morgantown, WV 26505

## Goals

- Assess the child's development and well-being
- Provide support and resources to parents/caregivers
- Develop a comprehensive intervention plan based on the child's individual needs

## Benefits

- Initial evaluation
- Team assessment
- Parent support group
- Individualized intervention plan
- Resources
- Goal setting and follow-up plan





# Neonatal Abstinence Syndrome (NAS) Follow-Up Clinic

The NAS Follow-up Clinic is a collaborative clinic that provides a team approach to coordinated care. The NAS care team consists of the providers from the WVU Center for Excellence in Disabilities and WVU Medicine Children's who work together to continue care after hospital discharge. Each therapist will conduct their assessment while parents observe or participate in the process as appropriate.

## NAS Team:

- **Patient navigator** - Coordinates needed services and resources include housing, utilities, transportation, food, domestic violence services, dental, basic needs, family planning, insurance coverage, treatment, recovery support, family reunification and NAS follow-up care.
- **Social worker** - Identifies and follows up on social services needs with referrals and resources and facilitates support group.
- **Occupational therapist** - Assesses fine motor skills, self-help skills and sensory processing.
- **Physical therapist** - Assesses gross motor skills, balance, coordination, and physical development.
- **Speech therapist** - Assesses speech clarity, language development and communication skills.
- **Developmental psychologist** - Evaluates child development and discusses any developmental delays or concerns.
- **Mental health professional** - Provides individual and/or family therapy, identifies coping mechanisms and needed supports.
- **Positive Behavior Support (PBS) specialist** - Assesses needed strategies to decrease challenging behaviors.
- **Assistive technology specialist** - Evaluates and recommends assistive technology as needed.
- **Peer Recovery Support Specialist/Recovery doula** - Provides trauma-informed peer support for recovery and doula expertise for childbirth.
- **Dentist** - Provides dental care and fluoride education.

## Questions about the clinic?

If interested in participating in the NAS Follow-Up Clinic, call Vicki Johnson at **304-293-4692**

or Dr. Lesley Cottrell at **304-293-4692**

For more information visit **[impact.cedwvu.org](http://impact.cedwvu.org)**

or email **[wwimpact@hsc.wvu.edu](mailto:wwimpact@hsc.wvu.edu)**.